

# Welcome to Sweetwater Regional Park



To the west you can see San Diego Bay and the Pacific Ocean. Eastward lie Sweetwater Reservoir and rugged backcountry mountains. In the distance to the south sprawl the hillsides of Tijuana. You’re standing at the Summit Site of Sweetwater Regional Park, and surrounding you is a unique county park.



## At the Hub of South Bay Recreation

Visitors to this regional park have quite a palette of activities to choose from. The Summit Site, atop a hill overlooking the Sweetwater Valley, offers modern campsites—including some with corrals for equestrians who want to bring their horses and explore the 15 miles of trails in the area. Below the

summit are hundreds of acres of streamside vegetation, grassland, and open areas that provide a variety of habitats for hikers, horseback riders, and mountain bikers.

Sweetwater Regional Park is especially attractive for people who want to get away—but not too far away. It’s only ten miles southeast of downtown San Diego, so in a matter of minutes you can get from your campsite to the Gaslamp District and its fine dining, or to the world famous San Diego Zoo, or to the museums and promenades of Balboa Park. The Chula Vista Nature Center, close by on the shore of south San Diego Bay, is worth a visit. The exciting metropolis of Tijuana is a mere 15 minutes away. There are several golf courses nearby, and boating and fishing opportunities abound. Sweetwater Reservoir offers shoreline fishing on Saturdays, Sundays, and Mondays from sunrise to sunset. (Call 619-409-6777 for information).

## Facilities

Campers, trailers, motor homes, and tent camping are all options at the 53 sites, all of which have water and electricity. Trailers as long as 45 feet will find plenty of room here, and a dump station is available. Hot showers are available for all campers. One of the major attractions at the park is the pavilion. This covered structure and its kitchen facilities are especially suited for group campers. An adjacent local park features a lawn area and picnic tables with panoramic views of the countryside.

## You’ll find more outdoor adventures in these other San Diego County camping parks!

**Agua Caliente** – A very popular park during the winter, this desert oasis 20 miles south of Borrego Springs is known for its beauty and solitude, and for the soothing mineral waters in its two naturally fed pools.

**Dos Picos** – Sheltered by steep, boulder-strewn mountain slopes, this park near Ramona is designed to highlight the ancient oak groves that make your stay here memorable.

**Guajome** – Only minutes away from the Pacific Ocean, Guajome Regional Park in North County is known both for its rich natural habitats (including a small, beautiful lake) and its historic Rancho Guajome adobe.

**Lake Jennings** – Come to this lakeside park for a relaxing sense of being in the country, yet it’s only a few miles from downtown San Diego. Fishing is a major attraction here.

**Lake Morena** – The spectacular lake is a magnet for anglers, yet the 3,250 acres of this East County park offer something for every outdoor enthusiast, from hikers to picnickers to just plain campers.

**Potrero** – Quiet solitude describes this park, but it’s also near some adventurous places, such as historic Campo and the colorful Mexican town of Tecate.

**Vallecito** – The reconstructed sod Butterfield Stage Station is at the heart of this desert refuge, which is a great home base from which to explore the wonders of the Anza-Borrego Desert.

**William Heise** – This park lies amid 900 acres of mountain forests. The nearby town of Julian is a great place to visit.

RULES & REGULATIONS	
CAMPFIRES:	Must be confined to existing stoves or fire rings. See ranger for current campfire rules.
PETS:	Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash not longer than six feet, and attended at all times.
WASTE WATER:	Please dispose of all waste water in an approved dump station, never on the ground.
VEGETATION & NATURAL FEATURES:	All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood — he or she generally has a supply to sell for campfires. Please do not gather it from within the park.
TREES:	Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.
GENERATORS:	Use of generators is prohibited.
NOISE:	To insure each park guest’s pleasure and peace, quiet hours are from 10:00 p.m. to 8:00 a.m. Of course, excessive noise and loud music is discouraged at all times.
FIREARMS & WEAPONS:	Firearms, fireworks, and weapons are not permitted in County Parks.
YOUTH:	All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.
ALCOHOLIC BEVERAGES:	Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.

**NOTE:** *Residence in the park is contingent upon guests maintaining their immediate camping area in a safe and clean condition and complying with all park rules. Failure to comply will result in a suspension of camping privileges and loss of prepaid fees.*

RESERVATIONS & INFORMATION



Toll Free • (877) 565-3600

Local • (858) 565-3600

For online reservation information, visit us at [www.sdparcs.org](http://www.sdparcs.org)

# SWEETWATER REGIONAL PARK

## A San Diego County Camping Park



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